

# The curative powers of the Himalayan salt lamps

## HIMALAYAN SALT Lamps

Are able to....

**Purifier the-Air-** removes bacteria, dust, allergens, smoke & mold from the air.

**Reduce Stress & Depression-** emits uplifting, positive charge of energy.

**Feng Shui-** lamps are visually appealing & calming. They assist in opening blocked energy in your home or workplace.

**How they work-** Himalayan salt lamps, when heated with a candle or light bulb, emit negative ions which binds to air pollutants (positive ions). This causes them to lower to the ground level, leaving the air fresh. Negative ions are believed to produce beneficial biochemical reactions in our bloodstream that increase levels of serotonin.



# Origin and history

- Himalayan sea salt believed to be composed of dried remnants of the original, primal sea dating back to planet Earth's creation.
- Hunks of rock salt mined from the Himalayas
  - Typically Pakistan
- Technically it is sea salt as a result of ocean deposits
- Composed of 95-98% NaCl and 5-2%  $\text{SO}_4^-$ ,  $\text{Sr}^{2+}$ ,  $\text{Mg}^{2+}$ ,  $\text{Ca}^{2+}$ ,  $\text{HCO}_3^-$ ,  $\text{Br}^-$ , and  $\text{F}^-$



# Air purification cycle



Collect pollutants and bacteria



Deposits and traps within salt crystals



H<sub>2</sub>O evaporated due to heat

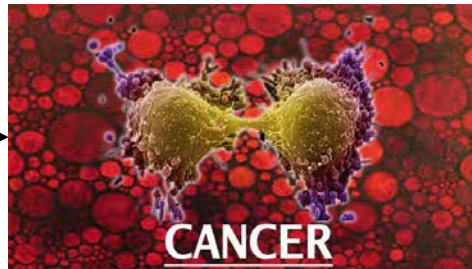
# Reduction in electromagnetic radiation



Eliminated



Can cause



# Production of negative ions to neutralize positive ions



Seasonal Affective Disorder (SAD)

Caused by positive ions



Due to electromagnetic fields



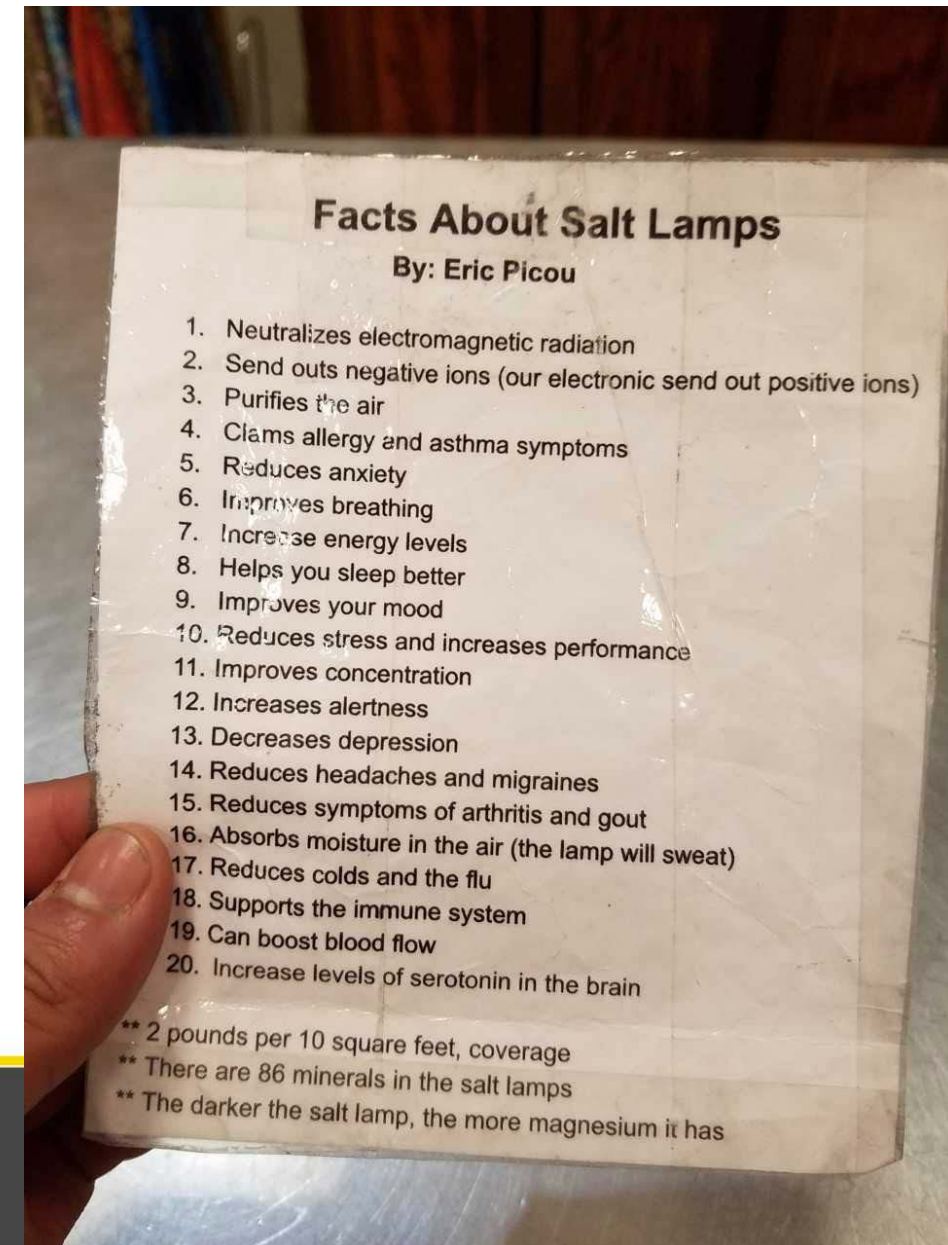
Neutralized by production of negative ions ( $\text{Cl}^-$ )



Disclaimer: 800+ °C to dissociate NaCl which CANNOT be accomplished with 15-watt

# Claims & “facts”

- Clear the air of electro-smog
- Oxygenate the brain...WHAT?!?!?!?
- Reduces symptoms of mood disorders
  - Seasonal affective disorder
    - Typically symptoms appear during late fall and winter
    - Go away during sunny days of spring and summer
- Improves immune system



# Salt lamps debunked!

